General Affective Well-Being Scale

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| **How often have you felt the following emotions over the past 30 days?** | NeverOnce or twiceOnce or twice/monthOnce or twice/weekEvery day |
| Angry |  1 2 3 4 5 |
| 1. Anxious
 |  1 2 3 4 5 |
| 1. At ease
 |  1 2 3 4 5 |
| 1. Bored
 |  1 2 3 4 5 |
| 1. Calm
 |  1 2 3 4 5 |
| 1. Content
 |  1 2 3 4 5 |
| 1. Depressed
 |  1 2 3 4 5 |
| 1. Discouraged
 |  1 2 3 4 5 |
| 1. Disgusted
 |  1 2 3 4 5 |
| 1. Ecstatic
 |  1 2 3 4 5 |
| 1. Energetic
 |  1 2 3 4 5 |
| 1. Enthusiastic
 |  1 2 3 4 5 |
| 1. Excited
 |  1 2 3 4 5 |
| 1. Fatigued
 |  1 2 3 4 5 |
| 1. Frightened
 |  1 2 3 4 5 |
| 1. Furious
 |  1 2 3 4 5 |
| 1. Gloomy
 |  1 2 3 4 5 |
| 1. Inspired
 |  1 2 3 4 5 |
| 1. Relaxed
 |  1 2 3 4 5 |
| 1. Satisfied
 |  1 2 3 4 5 |